



September 2026

Activities



Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
	9:30 Breakfast Social 10:30 Exercise/Dance 11:00 Bingo, Jingo & Pokeno Games 12:00 Lunch 12:45 Nature Walk/Bubbles/Games 1:45 Snack	9:30 Breakfast Social 10:30 Exercise/Dance 11:00 Bingo, Jingo & Pokeno Games 12:00 Lunch 12:45 Live Performer – Andy Ross 1:45 Snack *Haircuts by request 	9:30 Breakfast Social 10:30 Exercise/Dance 11:00 Bingo, Jingo & Pokeno Games 12:00 Lunch 12:45 Cheese Ball Toss Game 1:45 Snack	9:30 Breakfast Social 10:30 Exercise/Dance 11:00 Bingo, Jingo & Pokeno Games 12:00 Lunch 12:45 Back to School Craft 1:45 Snack 
7	8	9	10	11
CLOSED LABOR DAY	9:30 Breakfast Social 10:30 Exercise/Dance 11:00 Bingo, Jingo & Pokeno Games 12:00 Lunch 12:45 Classic TV Sitcoms & Latin Dance Lessons 1:45 Snack 	9:30 Breakfast Social 10:30 Exercise/Dance 11:00 Bingo, Jingo & Pokeno Games 12:00 Lunch 12:45 Horse Racing Game 1:45 Snack *Haircuts by request	9:30 Breakfast Social 10:30 Exercise with “Stretchy Mike” 11:00 Bingo, Jingo & Pokeno Games 12:00 Lunch 12:45 Cookie Decorating 1:45 Snack	REMEMBERANCE DAY 9:30 Breakfast Social 10:30 Exercise/Dance 11: 00 Bingo, Jingo & Pokeno Games 12:00 Lunch 12:45 Patriotic Sing Along & Activity 1:45 Snack 
14	15	16	17	18
9:30 Breakfast Social 10:30 Exercise/Dance 11:00 Bingo, Jingo & Pokeno Games 12:00 Lunch 12:45 Shuffleboard 1:45 Snack *Manicures by request	9:30 Breakfast Social 10:30 Exercise/Dance 11:00 Bingo, Jingo & Pokeno Games 12:00 Lunch 12:45 Language Class & Hangman (English, Spanish, & French) 1:45 Snack	NATL. PLAY DOH DAY 9:30 Breakfast Social 10:30 Exercise/Dance 11:00 Bingo, Jingo & Pokeno Games 12:00 Lunch 12:45 Play Doh Fun & Mary Kay Treatment 1:45 Snack *Haircuts by request	9:30 Breakfast Social 10:30 Exercise/Dance 11:00 Bingo, Jingo & Pokeno Games 12:00 Lunch 12:45 Suncatcher Craft 1:45 Snack	9:30 Breakfast Social 10:30 Exercise/Dance 11:00 Bingo Games 12:00 Pizza Party Lunch 12:45 Live Performer – Lynne Canavan 1:45 Snack  
21	22	23	24	25
9:30 Breakfast Social 10:30 Exercise with “Stretchy Mike” 11:00 Bingo, Jingo & Pokeno Games 12:00 Lunch 12:45 Carnival Games 1:45 Snack 	9:30 Breakfast Social 10:30 Exercise/Dance 11:00 Bingo, Jingo & Pokeno Games 12:00 Lunch 12:45 Carnival Games & Ice Cream Treat 1:45 Snack 	9:30 Breakfast Social 10:30 Exercise/Dance 11:00 Bingo, Jingo & Pokeno Games 12:00 Lunch 12:45 Nature Walk/Bubbles/Games 1:45 Snack *Haircuts by request	9:30 Breakfast Social 10:30 Exercise/Dance 11:00 Bingo, Jingo & Pokeno Games 12:00 Lunch 12:45 Parachute Game & Balloon Toss 1:45 Snack	NATL. QUESADILLA DAY 9:30 Breakfast Social 10:30 Exercise/Dance 11:00 Bingo Games 12:00 Quesadilla Lunch 12:45 Live Performer – Chris Cavanaugh 1:45 Snack 
28	29	30		
9:30 Breakfast Social 10:30 Exercise/Dance 11:00 Bingo, Jingo & Pokeno Games 12:00 Lunch 12:45 Edible Craft with Jello 1:45 Snack *Manicures by request	9:30 Breakfast Social 10:30 Exercise/Dance 11:00 Bingo, Jingo & Pokeno Games 12:00 Lunch 12:45 Birthdays & Participant Slideshow 1:45 Snack 	NATL. ORANGE SHIRT DAY WEAR ORANGE 9:30 Breakfast Social 10:30 Exercise/Dance 11:00 Bingo, Jingo & Pokeno Games 12:00 Lunch 12:45 Fall Craft/Coloring Contest 1:45 Snack *Haircuts by request		