

April 2026 Activities

Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
		<p style="text-align: center;">APRIL FOOL'S DAY</p> <p>9:30 Breakfast Social 10:30 Exercise/Dance 11:00 Bingo, Jingo & Pokeno Games 12:00 Lunch 12:45 Easter/Spring Card Making & Games 1:45 Snack</p> <p>*Haircuts by request</p>	<p>9:30 Breakfast Social 10:30 Exercise/Dance 11:00 Bingo Games 12:00 Lunch 12:45 Special Craft with Brenda 1:45 Snack</p>	<p>9:30 Breakfast Social 10:30 Exercise/Dance 11:00 Bingo, Games 12:00 Lunch 12:45 Easter Craft & Games 1:45 Snack</p>
6	7	8	9	10
<p style="text-align: center;">Int. Day of Pink WEAR PINK</p> <p>9:30 Breakfast Social 10:30 Exercise/Dance 11:00 Bingo, Jingo & Pokeno Games 12:00 Lunch 12:45 Live Performer – Bill Winn 1:45 Snack</p>  <p>*Manicures by request</p>	<p>9:30 Breakfast Social 10:30 Exercise/Dance 11:00 Bingo, Jingo & Pokeno Games 12:00 Lunch 12:45 Dot Art Butterfly Magnet Craft 1:45 Snack</p> 	<p>9:30 Breakfast Social 10:30 Exercise/Dance 11:00 Bingo, Jingo & Pokeno Games 12:00 Lunch 12:45 Dominoes, Uno & Card Games 1:45 Snack</p> <p>*Haircuts by request</p>	<p>9:30 Breakfast Social 10:30 Exercise/Dance 11:00 Bingo, Jingo & Pokeno Games 12:00 Lunch 12:45 "I Have/Have Not" Game 1:45 Snack</p>	<p>9:30 Breakfast Social 10:30 Exercise/Dance 11:00 Bingo, Jingo & Pokeno Games 12:00 Lunch 12:45 Brain Teasers, Word Games & Spring Coloring Contest 1:45 Snack</p>
13	14	15	16	17
<p>9:30 Breakfast Social 10:30 Exercise/Dance 11:00 Bingo, Jingo & Pokeno Games 12:00 Pizza Party Lunch 12:45 Egg Race Game 1:45 Snack</p> <p>*Manicures by request</p>	<p>9:30 Breakfast Social 10:30 Exercise/Dance 11:00 Bingo, Jingo & Pokeno Games 12:00 Lunch 12:45 Parachute Game 1:45 Snack</p>	<p>9:30 Breakfast Social 10:30 Exercise/Dance 11:00 Bingo, Jingo & Pokeno Games 12:00 Lunch 12:45 Classic Game Shows & Mary Kay Treatment 1:45 Snack</p> <p>*Haircuts by request</p>	<p>9:30 Breakfast Social 10:30 Exercise with "Stretchy Mike" 11:00 Bingo Games 12:00 Lunch 12:45 Jokes/Riddles 1:45 Snack</p>	<p>9:30 Breakfast Social 10:30 Exercise/Dance 11:00 Bingo 12:00 Lunch 12:45 Sing Along & Fresh Lemonade Activity 1:45 Snack</p> 
20	21	22	23	24
<p>9:30 Breakfast Social 10:30 Exercise/Dance 11:00 Bingo, Jingo & Pokeno Games 12:00 Lunch 12:45 Cornhole Games & Hangman 1:45 Snack</p> <p>*Manicures by request</p>	<p>9:30 Breakfast Social 10:30 Chair Yoga 11:00 Bingo, Jingo & Pokeno Games 12:00 Lunch 12:45 Seated Hockey Game 1:45 Snack</p>	<p style="text-align: center;">EARTH DAY</p> <p>9:30 Breakfast Social 10:30 Chair Yoga 11:00 Bingo, Jingo & Pokeno Games 12:00 Lunch 12:45 Earth Day Craft 1:45 Snack</p> 	<p>9:30 Breakfast Social 10:30 Exercise/Dance 11:00 Bingo, Jingo & Pokeno Games 12:00 Lunch 12:45 Mini Golf Game 1:45 Snack</p>	<p>9:30 Breakfast Social 10:30 Exercise/Dance 11:00 Bingo, Jingo & Pokeno Games 12:00 Lunch 12:45 Live Performer – Bald Eagles Band 1:45 Snack</p> 
27	28	29	30	
<p style="text-align: center;">NAT. PRETZEL DAY</p> <p>9:30 Breakfast Social 10:30 Exercise with "Stretchy Mike" 11:00 Bingo Games 12:00 Lunch 12:45 Nature Walk & Balloon Toss 1:45 Soft Pretzel Snack</p> <p>*Manicures by request</p>	<p>9:30 Breakfast Social 10:30 Exercise/Dance 11:00 Bingo, Jingo & Pokeno Games 12:00 Lunch 12:45 B-Days & Participant Photo Show 1:45 Snack</p> 	<p style="text-align: center;">INT. DAY OF DANCE</p> <p>9:30 Breakfast Social 10:30 Exercise/Dance 11:00 Bingo, Jingo & Pokeno Games 12:00 Lunch 12:45 Dancing & Karaoke 1:45 Snack</p> <p>*Haircuts by request</p>	<p>9:30 Breakfast Social 10:30 Exercise/Dance 11:00 Bingo, Jingo & Pokeno Games 12:00 Lunch 12:45 BIG ONE ICE CREAM FIELD TRIP 1:45 Snack</p> 	



Merrimack Adult Day Health Center
Phone: 603-417-6656
Email: operations@merrimackadhc.com



This institution is an equal opportunity provider.

April 2026 Activities

Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
		<p style="text-align: center;">APRIL FOOL'S DAY</p> <p>9:30 Breakfast Social 10:30 Exercise/Dance 11:00 Bingo, Jingo & Pokeno Games 12:00 Lunch 12:45 Easter/Spring Card Making & Games 1:45 Snack</p> <p>*Haircuts by request</p>	<p>9:30 Breakfast Social 10:30 Exercise/Dance 11:00 Bingo Games 12:00 Lunch 12:45 Special Craft with Brenda 1:45 Snack</p>	<p>9:30 Breakfast Social 10:30 Exercise/Dance 11:00 Bingo, Games 12:00 Lunch 12:45 Easter Craft & Games 1:45 Snack</p>
6	7	8	9	10
<p style="text-align: center;">Int. Day of Pink WEAR PINK</p> <p>9:30 Breakfast Social 10:30 Exercise/Dance 11:00 Bingo, Jingo & Pokeno Games 12:00 Lunch 12:45 Live Performer – Bill Winn 1:45 Snack</p>  <p>*Manicures by request</p>	<p>9:30 Breakfast Social 10:30 Exercise/Dance 11:00 Bingo, Jingo & Pokeno Games 12:00 Lunch 12:45 Dot Art Butterfly Magnet Craft 1:45 Snack</p> 	<p>9:30 Breakfast Social 10:30 Exercise/Dance 11:00 Bingo, Jingo & Pokeno Games 12:00 Lunch 12:45 Dominoes, Uno & Card Games 1:45 Snack</p> <p>*Haircuts by request</p>	<p>9:30 Breakfast Social 10:30 Exercise/Dance 11:00 Bingo, Jingo & Pokeno Games 12:00 Lunch 12:45 "I Have/Have Not" Game 1:45 Snack</p>	<p>9:30 Breakfast Social 10:30 Exercise/Dance 11:00 Bingo, Jingo & Pokeno Games 12:00 Lunch 12:45 Brain Teasers, Word Games & Spring Coloring Contest 1:45 Snack</p>
13	14	15	16	17
<p>9:30 Breakfast Social 10:30 Exercise/Dance 11:00 Bingo, Jingo & Pokeno Games 12:00 Pizza Party Lunch 12:45 Egg Race Game 1:45 Snack</p> <p>*Manicures by request</p>	<p>9:30 Breakfast Social 10:30 Exercise/Dance 11:00 Bingo, Jingo & Pokeno Games 12:00 Lunch 12:45 Parachute Game 1:45 Snack</p>	<p>9:30 Breakfast Social 10:30 Exercise/Dance 11:00 Bingo, Jingo & Pokeno Games 12:00 Lunch 12:45 Classic Game Shows & Mary Kay Treatment 1:45 Snack</p> <p>*Haircuts by request</p>	<p>9:30 Breakfast Social 10:30 Exercise with "Stretchy Mike" 11:00 Bingo Games 12:00 Lunch 12:45 Jokes/Riddles 1:45 Snack</p>	<p>9:30 Breakfast Social 10:30 Exercise/Dance 11:00 Bingo 12:00 Lunch 12:45 Sing Along & Fresh Lemonade Activity 1:45 Snack</p> 
20	21	22	23	24
<p>9:30 Breakfast Social 10:30 Exercise/Dance 11:00 Bingo, Jingo & Pokeno Games 12:00 Lunch 12:45 Cornhole Games & Hangman 1:45 Snack</p> <p>*Manicures by request</p>	<p>9:30 Breakfast Social 10:30 Chair Yoga 11:00 Bingo, Jingo & Pokeno Games 12:00 Lunch 12:45 Seated Hockey Game 1:45 Snack</p>	<p style="text-align: center;">EARTH DAY</p> <p>9:30 Breakfast Social 10:30 Chair Yoga 11:00 Bingo, Jingo & Pokeno Games 12:00 Lunch 12:45 Earth Day Craft 1:45 Snack</p> 	<p>9:30 Breakfast Social 10:30 Exercise/Dance 11:00 Bingo, Jingo & Pokeno Games 12:00 Lunch 12:45 Mini Golf Game 1:45 Snack</p>	<p>9:30 Breakfast Social 10:30 Exercise/Dance 11:00 Bingo, Jingo & Pokeno Games 12:00 Lunch 12:45 Live Performer – Bald Eagles Band 1:45 Snack</p> 
27	28	29	30	
<p style="text-align: center;">NAT. PRETZEL DAY</p> <p>9:30 Breakfast Social 10:30 Exercise with "Stretchy Mike" 11:00 Bingo Games 12:00 Lunch 12:45 Nature Walk & Balloon Toss 1:45 Soft Pretzel Snack</p> <p>*Manicures by request</p>	<p>9:30 Breakfast Social 10:30 Exercise/Dance 11:00 Bingo, Jingo & Pokeno Games 12:00 Lunch 12:45 B-Days & Participant Photo Show 1:45 Snack</p> 	<p style="text-align: center;">INT. DAY OF DANCE</p> <p>9:30 Breakfast Social 10:30 Exercise/Dance 11:00 Bingo, Jingo & Pokeno Games 12:00 Lunch 12:45 Dancing & Karaoke 1:45 Snack</p> <p>*Haircuts by request</p>	<p>9:30 Breakfast Social 10:30 Exercise/Dance 11:00 Bingo, Jingo & Pokeno Games 12:00 Lunch 12:45 BIG ONE ICE CREAM FIELD TRIP 1:45 Snack</p> 	



Merrimack Adult Day Health Center
Phone: 603-417-6656
Email: operations@merrimackadhc.com



This institution is an equal opportunity provider.

April 2026 Activities

Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
		<p style="text-align: center;">APRIL FOOL'S DAY</p> <p>9:30 Breakfast Social 10:30 Exercise/Dance 11:00 Bingo, Jingo & Pokeno Games 12:00 Lunch 12:45 Easter/Spring Card Making & Games 1:45 Snack</p> <p>*Haircuts by request</p>	<p>9:30 Breakfast Social 10:30 Exercise/Dance 11:00 Bingo Games 12:00 Lunch 12:45 Special Craft with Brenda 1:45 Snack</p>	<p>9:30 Breakfast Social 10:30 Exercise/Dance 11:00 Bingo, Games 12:00 Lunch 12:45 Easter Craft & Games 1:45 Snack</p>
6	7	8	9	10
<p style="text-align: center;">Int. Day of Pink WEAR PINK</p> <p>9:30 Breakfast Social 10:30 Exercise/Dance 11:00 Bingo, Jingo & Pokeno Games 12:00 Lunch 12:45 Live Performer – Bill Winn 1:45 Snack</p>  <p>*Manicures by request</p>	<p>9:30 Breakfast Social 10:30 Exercise/Dance 11:00 Bingo, Jingo & Pokeno Games 12:00 Lunch 12:45 Dot Art Butterfly Magnet Craft 1:45 Snack</p> 	<p>9:30 Breakfast Social 10:30 Exercise/Dance 11:00 Bingo, Jingo & Pokeno Games 12:00 Lunch 12:45 Dominoes, Uno & Card Games 1:45 Snack</p> <p>*Haircuts by request</p>	<p>9:30 Breakfast Social 10:30 Exercise/Dance 11:00 Bingo, Jingo & Pokeno Games 12:00 Lunch 12:45 "I Have/Have Not" Game 1:45 Snack</p>	<p>9:30 Breakfast Social 10:30 Exercise/Dance 11:00 Bingo, Jingo & Pokeno Games 12:00 Lunch 12:45 Brain Teasers, Word Games & Spring Coloring Contest 1:45 Snack</p>
13	14	15	16	17
<p>9:30 Breakfast Social 10:30 Exercise/Dance 11:00 Bingo, Jingo & Pokeno Games 12:00 Pizza Party Lunch 12:45 Egg Race Game 1:45 Snack</p> <p>*Manicures by request</p>	<p>9:30 Breakfast Social 10:30 Exercise/Dance 11:00 Bingo, Jingo & Pokeno Games 12:00 Lunch 12:45 Parachute Game 1:45 Snack</p>	<p>9:30 Breakfast Social 10:30 Exercise/Dance 11:00 Bingo, Jingo & Pokeno Games 12:00 Lunch 12:45 Classic Game Shows & Mary Kay Treatment 1:45 Snack</p> <p>*Haircuts by request</p>	<p>9:30 Breakfast Social 10:30 Exercise with "Stretchy Mike" 11:00 Bingo Games 12:00 Lunch 12:45 Jokes/Riddles 1:45 Snack</p>	<p>9:30 Breakfast Social 10:30 Exercise/Dance 11:00 Bingo 12:00 Lunch 12:45 Sing Along & Fresh Lemonade Activity 1:45 Snack</p> 
20	21	22	23	24
<p>9:30 Breakfast Social 10:30 Exercise/Dance 11:00 Bingo, Jingo & Pokeno Games 12:00 Lunch 12:45 Cornhole Games & Hangman 1:45 Snack</p> <p>*Manicures by request</p>	<p>9:30 Breakfast Social 10:30 Chair Yoga 11:00 Bingo, Jingo & Pokeno Games 12:00 Lunch 12:45 Seated Hockey Game 1:45 Snack</p>	<p style="text-align: center;">EARTH DAY</p> <p>9:30 Breakfast Social 10:30 Chair Yoga 11:00 Bingo, Jingo & Pokeno Games 12:00 Lunch 12:45 Earth Day Craft 1:45 Snack</p> 	<p>9:30 Breakfast Social 10:30 Exercise/Dance 11:00 Bingo, Jingo & Pokeno Games 12:00 Lunch 12:45 Mini Golf Game 1:45 Snack</p>	<p>9:30 Breakfast Social 10:30 Exercise/Dance 11:00 Bingo, Jingo & Pokeno Games 12:00 Lunch 12:45 Live Performer – Bald Eagles Band 1:45 Snack</p> 
27	28	29	30	
<p style="text-align: center;">NAT. PRETZEL DAY</p> <p>9:30 Breakfast Social 10:30 Exercise with "Stretchy Mike" 11:00 Bingo Games 12:00 Lunch 12:45 Nature Walk & Balloon Toss 1:45 Soft Pretzel Snack</p> <p>*Manicures by request</p>	<p>9:30 Breakfast Social 10:30 Exercise/Dance 11:00 Bingo, Jingo & Pokeno Games 12:00 Lunch 12:45 B-Days & Participant Photo Show 1:45 Snack</p> 	<p style="text-align: center;">INT. DAY OF DANCE</p> <p>9:30 Breakfast Social 10:30 Exercise/Dance 11:00 Bingo, Jingo & Pokeno Games 12:00 Lunch 12:45 Dancing & Karaoke 1:45 Snack</p> <p>*Haircuts by request</p>	<p>9:30 Breakfast Social 10:30 Exercise/Dance 11:00 Bingo, Jingo & Pokeno Games 12:00 Lunch 12:45 BIG ONE ICE CREAM FIELD TRIP 1:45 Snack</p> 	



Merrimack Adult Day Health Center
Phone: 603-417-6656
Email: operations@merrimackadhc.com

This institution is an equal opportunity provider.

