







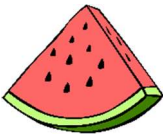
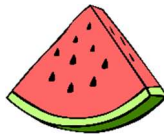





# June 2026 Activities

Monday	Tuesday	Wednesday	Thursday	Friday
<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
9:30 Breakfast Social 10:30 Exercise With "Stretchy Mike" 11:00 Bingo Games 12:00 Lunch 12:45 Tulip Painting Craft 1:45 Snack  *Manicures by request	9:30 Breakfast Social 10:30 Exercise/Dance 11:00 Bingo 12:00 Lunch 12:45 Shuffleboard & Plinko Game 1:45 Snack  	9:30 Breakfast Social 10:30 Exercise/Dance 11:00 Bingo, Jingo & Pokeno Games 12:00 Lunch 12:45 Baseball Game Field Trip 1:45 Snack  	<b>NATIONAL CHEESE DAY</b> 9:30 Breakfast Social 10:30 Exercise/Dance 11:00 Bingo, Jingo, & Pokeno Games 12:00 Mac N Cheese Lunch 12:45 Cheese Puff Toss Game 1:45 Snack  	<b>NATIONAL DONUT DAY</b> 9:30 Donut Breakfast Social 10:30 Exercise/Dance 11:00 Bingo, Jingo, & Pokeno Games 12:00 Lunch 12:45 Beach Ball Social Game 1:45 Snack  
<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>
9:30 Breakfast Social 10:30 Exercise/Dance 11:00 Bingo, Jingo & Pokeno Games 12:00 Lunch 12:45 Horse Racing Game  1:45 Snack  *Manicures by request	9:30 Breakfast Social 10:30 Exercise/Dance 11:00 Bingo Games 12:00 Lunch 12:45 Popsicle Treat & Parachute Game 1:45 Snack	<b>NATIONAL ICED TEA DAY</b> 9:30 Breakfast Social 10:30 Exercise/Dance 11:00 Bingo, Jingo & Pokeno Games 12:00 Lunch 12:45 Homemade Iced Tea & Cookie Decorating 1:45 Snack  *Haircuts by request	9:30 Breakfast Social 10:30 Exercise/Dance 11:00 Bingo, Jingo & Pokeno Games 12:00 Lunch 12:45 Special Craft with Brenda & Friends 1:45 Snack	<b>NATL. GREAT DANE DAY</b> 9:30 Breakfast Social 10:30 Exercise/Dance 11:00 Bingo, Jingo & Pokeno Games 12:00 Lunch 12:45 Great Dane Therapy Dog Visit & Banana Split   
<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>
9:30 Breakfast Social 10:30 Exercise/Dance 11:00 Bingo, Jingo & Pokeno Games 12:00 Lunch 12:45 Ukelele Performer 1:45 Snack  	9:30 Breakfast Social 10:30 Exercise/Dance 11:00 Bingo Games 12:00 Lunch 12:45 Seated Hockey Game & Balloon Toss 1:45 Snack	9:30 Breakfast Social 10:30 Exercise/Dance 11:00 Bingo, Jingo & Pokeno Games 12:00 Lunch 12:45 Mary Kay Treatment & Games 1:45 Snack  *Haircuts by request	9:30 Breakfast Social 10:30 Exercise With "Stretchy Mike" 11:00 Bingo Games 12:00 Lunch 12:45 <b>Father's Day Celebration &amp; Tye Dye Craft/Card Making</b> 1:45 Snack	9:30 Breakfast Social 10:30 Exercise/Dance 11:00 Bingo Games 12:00 Lunch 12:45 <b>Father's Day Celebration &amp; Tye Dye Craft/Card Making</b> 1:45 Snack
<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>
9:30 Breakfast Social 10:30 Exercise/Dance 11:00 Bingo, Jingo & Pokeno Games 12:00 Lunch 12:45 Summer Craft 1:45 Snack  Manicures by request	<b>NATIONAL PINK DAY</b> <b>WEAR PINK</b> 9:30 Breakfast Social 10:30 Exercise/Dance 11:00 Bingo, Jingo & Pokeno Games 12:00 Burger Lunch 12:45 Nature Walk 1:45 Snack  	9:30 Breakfast Social 10:30 Exercise/Dance 11:00 Bingo, Jingo & Pokeno Games 12:00 Lunch 12:45 Greeley Park Trip & Watermelon Picnic 1:45 Snack  	9:30 Breakfast Social 10:30 Exercise/Dance 11:00 Bingo, Jingo & Pokeno Games 12:00 Lunch 12:45 Greeley Park Trip & Watermelon Picnic 1:45 Snack  	<b>NAT CHOC. PUDDING DAY</b> 9:30 Breakfast Social 10:30 Exercise/Dance 11:00 Bingo, Jingo & Pokeno Games 12:00 Lunch 12:45 Birthdays & Participant Slideshow 1:45 Snack  
<b>29</b>	<b>30</b>			
<b>MISMATCH DAY!!</b> <b>DRESS WACKY!</b> 9:30 Breakfast Social 10:30 Exercise/Dance 11:00 Bingo, Jingo & Pokeno Games 12:00 Lunch 12:45 Wacky Craft 1:45 Snack  Manicures by request	9:30 Breakfast Social 10:30 Exercise/Dance 11:00 Bingo, Jingo & Pokeno Games 12:00 Lunch 12:45 Tea Party – INVITE A FRIEND 1:45 Snack  			

**Merrimack Adult Day Health Center**  
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**This institution is an equal opportunity provider.**