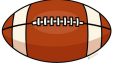


October 2026

Activities



Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
			Breast Cancer Awareness Wear Pink 9:30 Breakfast Social 10:30 Exercise/Dance 11:00 Bingo, Jingo & Pokeno Games 12:00 Lunch 12:45 Breast Cancer Awareness Craft 1:45 Snack 	9:30 Breakfast Social 10:30 Exercise/Dance 11:00 Bingo, Jingo & Pokeno Games 12:00 Lunch 12:45 Seated Hockey Game 1:45 Snack
5	6	7	8	9
9:30 Breakfast Social 10:30 Exercise With "Stretchy Mike" 11:00 Bingo, Jingo & Pokeno Games 12:00 Lunch 12:45 Fall Tree Fingerpaint/Dot Craft 1:45 Snack	9:30 Breakfast Social 10:30 Chair Yoga with J 11:00 Bingo, Jingo & Pokeno Games 12:00 Lunch 12:45 Live Performer – "Just Us Two" 1:45 Snack 	NATIONAL TACO DAY 9:30 Breakfast Social 10:30 Exercise/Dance 11:00 Bingo, Jingo & Pokeno Games 12:00 Taco Lunch 12:45 Spanish Music & Activity Sheets 1:45 Snack *Haircuts by request 	Fall Foliage Trip and Apple Picking 9:30 Breakfast Social 10:30 Exercise/Dance 11:00 Bingo, Jingo & Pokeno Games 12:00 Paper Bag Lunch 12:45 Edible Craft with apples 1:45 Snack 	Fall Foliage Trip and Apple Picking 9:30 Breakfast Social 10:30 Exercise/Dance 11:00 Bingo, Jingo & Pokeno Games 12:00 Paper Bag Lunch 12:45 Edible Craft with apples 1:45 Snack 
12	13	14	15	16
COLUMBUS DAY INDIGENOUS PEOPLES DAY 9:30 Breakfast Social 10:30 Exercise/Dance 11:00 Bingo, Jingo & Pokeno Games 12:00 Lunch 12:45 Native American Craft 1:45 Snack 	"Show & Tell" Day Bring a photo/item to share 9:30 Breakfast Social 10:30 Exercise/Dance 11:00 Bingo, Jingo & Pokeno Games 12:00 Lunch 12:45 "Show & Tell" 1:45 Snack	9:30 Breakfast Social 10:30 Exercise/Dance 11:00 Bingo, Jingo & Pokeno Games 12:00 Lunch 12:45 Live Performer – "Just Us Two" 1:45 Snack *Haircuts by request 	NAT. I LOVE LUCY DAY 9:30 Breakfast Social 10:30 Exercise/Dance 11:00 Bingo, Jingo & Pokeno Games 12:00 Lunch 12:45 I Love Lucy Re-runs 1:45 Snack	9:30 Breakfast Social 10:30 Exercise/Dance 11:00 Bingo Games 12:00 Lunch 12:45 Parachute Game & Balloon Toss 1:45 Snack
19	20	21	22	23
9:30 Breakfast Social 10:30 Exercise/Dance 11:00 Bingo, Jingo & Pokeno Games 12:00 Lunch 12:45 Fall Wreath Craft 1:45 Snack *Manicures by request	Sports Day Wear your favorite team! 9:30 Breakfast Social 10:30 Chair Yoga With J 11:00 Bingo, Jingo & Pokeno Games 12:00 Lunch 12:45 Sports Trivia, Sports Activity Sheets 1:45 Snack 	9:30 Breakfast Social 10:30 Exercise/Dance 11:00 Bingo, Jingo & Pokeno Games 12:00 Lunch 12:45 Mary Kay Visit & Games 1:45 Snack *Haircuts by request	9:30 Breakfast Social 10:30 Exercise With "Stretchy Mike" 11:00 Bingo, Jingo & Pokeno Games 12:00 Lunch 12:45 Horse Racing Game 1:45 Snack	NAT. BOLOGNA DAY 9:30 Breakfast Social 10:30 Exercise/Dance 11:00 Bingo Games 12:00 Bologna Lunch 12:45 Pumpkin Painting Contest 1:45 Snack 
26	27	28	29	30
CHUNKYS CINEMA FIELD TRIP 9:30 Breakfast Social 10:30 Exercise/Dance 11:00 Bingo, Jingo & Pokeno Games 12:00 Lunch 12:45 Hangman/Games 1:45 Snack	October Fest INVITE A FRIEND/FAMILY 9:30 Breakfast Social 10:30 Exercise/Dance 11:00 Bingo 12:00 Lunch 12:45 October Fest Music and Games, "Meet/Greet Your Neighbor" 1:45 Snack – Soft Pretzel Treat	NAT. CHOCOLATE DAY 9:30 Breakfast Social 10:30 Exercise/Dance 11:00 Bingo Games 12:00 Lunch 12:45 Birthdays & Participant Slideshow 1:45 Snack – Chocolate Treat *Haircuts by request 	HAPPY HALLOWEEN Costumes encouraged!! No masks or slippers 9:30 Breakfast Social 10:30 Exercise/Dance 11:00 Halloween Bingo 12:00 Lunch 12:45 Halloween Edible Craft 1:45 Snack	HAPPY HALLOWEEN Costumes encouraged!! No masks or slippers 9:30 Breakfast Social 10:30 Exercise/Dance 11:00 Halloween Bingo 12:00 Lunch 12:45 Halloween Craft 1:45 Snack